

Bentley University Counseling Center

Formal Name in Bentley Records: _____
First Middle Last

Preferred Name: _____ Pronouns _____
(name you go by) (i.e., She, Her, Hers; He, Him, His; They, Them Their; Ze, Zir/Hir, Zirs/Hirs etc.)

Student ID Number: @ _____ (required) Are you a current student: Yes No

Circle One: First-year • Sophomore • Junior • Senior • Graduate Expected Graduation Date: _____

Major/Focus of Study: _____ Current GPA: _____

List your top 5 *Strength Finder* Strengths: _____

Demographic Questions

Racial/Ethnic Identity: (Select All That Apply)

- Latinx Middle Eastern Black/African American Asian/Pacific Islander Indian
 Native American/American Indian White/Caucasian Identity Not Listed: _____

Gender Identity: (Select All That Apply)

- Female Male Trans Male/Trans Man Trans Female/Trans Woman
 Genderqueer/Gender Non-Conforming Questioning/Unsure Identity Not Listed: _____

Sexual Orientation: (Select All That Apply)

- Gay Lesbian Heterosexual/Straight Questioning/Unsure
 Bisexual Asexual Identity Not Listed: _____

Ability Status: (Select All That Apply)

- Sensory Impairment (vision/hearing) Mobility Impairment Learning Disability Suspected Disability (no diagnosis)
 N/A Mental Health Disorder (specify): _____ Disability Not Listed: _____

Housing Status:

- On-Campus Residence Off-Campus Residence Fraternity/Sorority Residence Commuter Student (live with family)

Enrollment Status: (Select All That Apply)

- Full-Time Part-Time Domestic Student International Student Exchange Student

What is your approximate socio-economic status (SES)?

- Low Low-Middle Middle Upper-Middle Upper

Do you identify with any of the following? (Select All That Apply)

- First Generation College Student (Seeking to be the first in family to complete a college degree) Wellness Educator
 Active Military or Veteran Student Leadership Position Resident Assistant Member of a Fraternity/Sorority
 Dependent of a Bentley Employee Receive Financial Aid Receive Scholarship/Grant funding
 Employed on campus Employed off campus Student Athlete (Identify Teams): _____

Clinical Questions

Please briefly describe what prompted your visit today:

Have you recently been seen at the Bentley Health Center?

Yes No

If YES, why were you seen? _____

Have you seen a therapist or psychiatrist in the last year?

Yes No

Are you currently taking any prescription drugs?

Yes No

If YES, please list: _____

Have you ever been admitted to a hospital for psychological reasons?

Yes No

Have you ever attempted suicide?

Yes No

The following is a list of common concerns for college students. Please rate to what extent you have experienced any of the below in the past **month**, including today with **1 = not at all and 5 = extremely**.

Academic difficulty	1 2 3 4 5		Tense, nervous or anxious	1 2 3 4 5
Anger	1 2 3 4 5		Thoughts of hurting others	1 2 3 4 5
Eating habits or appetite	1 2 3 4 5		Not going to class	1 2 3 4 5
Sexual assault	1 2 3 4 5		Family concerns	1 2 3 4 5
Body image/physical appearance concerns	1 2 3 4 5		Cutting or other self-injurious behavior	1 2 3 4 5
Experienced something traumatic	1 2 3 4 5		Thinking of leaving Bentley	1 2 3 4 5
Problems in my social relationships	1 2 3 4 5		Feeling lonely, isolated	1 2 3 4 5
Sleep problems	1 2 3 4 5		Adjusting to college life	1 2 3 4 5
Questioning if I am in a healthy relationship	1 2 3 4 5		Feeling accepted or welcome on campus	1 2 3 4 5
Discipline/conduct issue at Bentley University	1 2 3 4 5		Questioning my sexuality and/or gender identity	1 2 3 4 5
Major or career concerns	1 2 3 4 5		Alcohol/drug use	1 2 3 4 5
Medical or physical concerns	1 2 3 4 5		Depressed or discouraged	1 2 3 4 5
Friends/family have expressed concerns about me	1 2 3 4 5		Feeling paranoid or having disturbing thoughts that won't go away	1 2 3 4 5
Suicidal thoughts	1 2 3 4 5		Sexual concerns	1 2 3 4 5
Concerns about race, ethnicity, culture, religion or socioeconomic issues on campus	1 2 3 4 5		Addiction issues (drugs, alcohol, gambling, internet, video games, pornography, etc.)	1 2 3 4 5
Financial concerns	1 2 3 4 5			