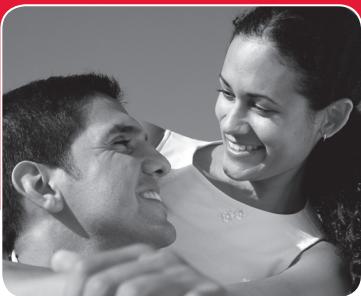


HOW IT WORKS:



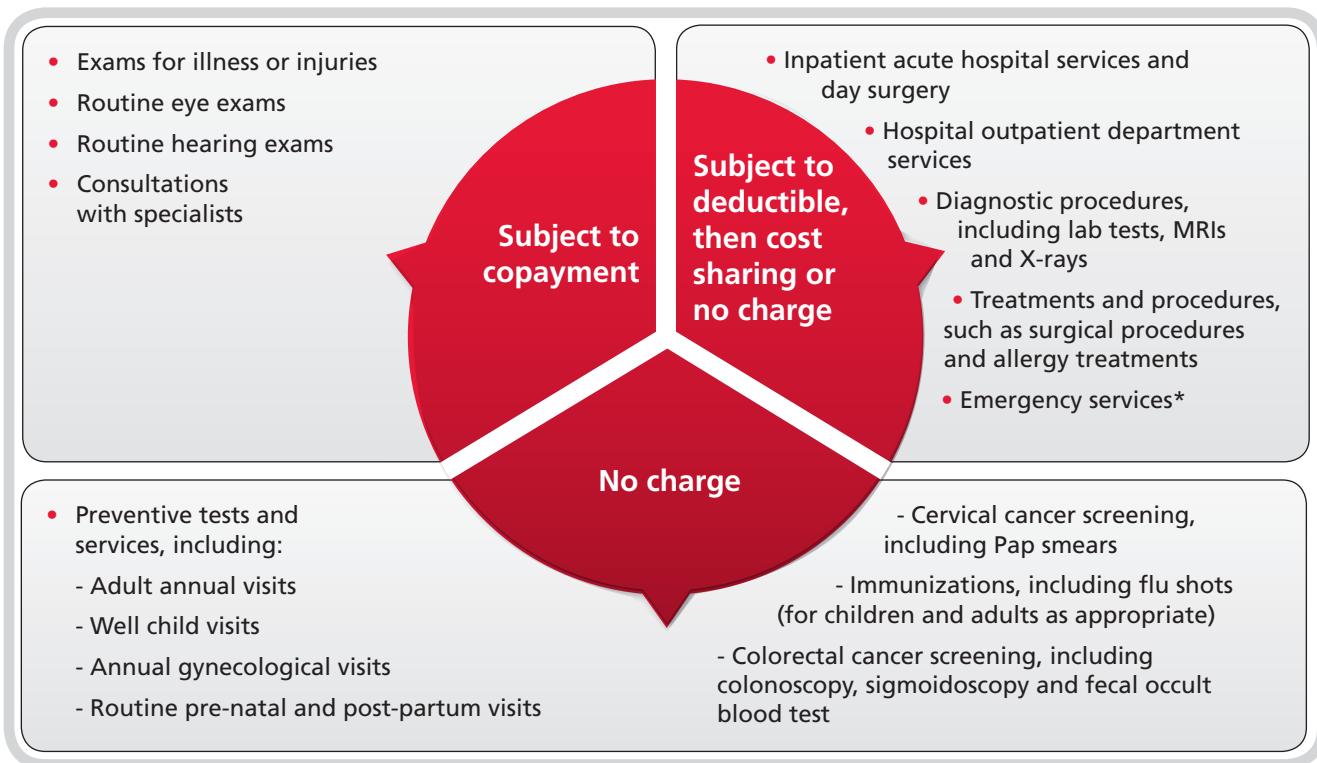
The Harvard Pilgrim Best Buy HMO Massachusetts

The Harvard Pilgrim Best Buy HMO offers Harvard Pilgrim's high-quality coverage at a more affordable premium than a traditional HMO.

- You'll choose a primary care provider (PCP) to deliver or arrange for your medical care.
- For some services you will pay a copayment.
- For other services you must first satisfy a deductible.
- Certain tests and screenings are covered at no charge.
- When you travel and need unforeseen care, your coverage travels with you.

How services are covered

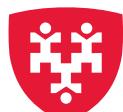
These are examples of covered services under a typical Best Buy HMO. The *Schedule of Benefits* has more details on benefits and cost sharing. It governs in the event that the information in this document is different. See the next page for an example of the out-of-pocket costs you may have with a doctor's visit.



Please note: Services you receive during different kinds of visits and exams may be subject to the deductible.

* The deductible may not apply to emergency services on all plans. Check the Schedule of Benefits for details.

Continued on next page ▶



Harvard Pilgrim
HealthCare

EXAMPLE: You visit your PCP's office because you are injured, and your PCP sends you for an X-ray.

- Exams for injuries are subject to an office visit copayment. Your copayment does not apply toward your deductible amount.
- X-rays are subject to the deductible. If you have not yet paid the full, annual deductible, you pay all charges for the X-ray up to the deductible amount. If you have already paid the full, annual deductible amount, you pay nothing for the X-ray (assuming your plan does not have additional cost sharing for X-rays).

In summary, you would be responsible for the copayment for the exam, plus charges for the X-ray if you had not yet met your total deductible.

Your PCP's role

Your PCP is the doctor, physician assistant or nurse practitioner who will see you for routine check-ups and treat you when you're sick or injured. If you need care from a specialist, you will need a referral from your PCP.

It's very important for you to choose a PCP when you enroll. If you do not choose a PCP, we will assign one to you. You must have your PCP provide your care (except in emergencies) and give you a referral for most kinds of specialty care in order for Harvard Pilgrim to provide coverage for the service.

Finding a PCP is easy

To find a PCP:

- Use our online directory (updated weekly) at www.harvardpilgrim.org/providerdirectory.
- Call one of our representatives. See "Questions?" at the end of this document for phone numbers.
- Use our printed *Provider Directory*. Your employer may have a copy, or you can call Harvard Pilgrim to request one. The call and the list are free.

If you will have dependents on your plan, each can have a different PCP. Please write the PCPs' names and provider ID codes in the designated spaces on your enrollment form. If your employer uses *HPHConnect*, Harvard Pilgrim's Web-based transaction service, you may be able to enroll online at www.harvardpilgrim.org.

Once you're a member, you can choose a different Harvard Pilgrim PCP for any reason. Just call Member Services or use *HPHConnect* to make a change.

GLOSSARY

COPAYMENT: A dollar amount you pay for certain covered services. The copayment is due at the time of the visit or when the provider bills you. Copayments are always fixed dollar amounts.

Some plans have two levels of copayments for office visits. What you pay depends on the type of provider you visit, the service you receive or the location of the service.

DEDUCTIBLE: A dollar amount you must pay annually before certain services are covered under your health plan. This means you may have to pay all or part of a bill for services, until you have paid your total deductible amount. Some plans may require you to pay copayments or coinsurance after you pay your annual deductible.

COINSURANCE: A percentage of the cost of services that you must pay after you have paid your full, annual deductible amount.

The *Schedule of Benefits* has more details on benefits and cost sharing. It governs in the event that the information in this document is different.

Facts about referrals

If you need specialty care, you will need a referral from your PCP. Referrals are not necessary for some services, such as routine eye exams (if covered under your plan) or most gynecological care.

While there are many providers who take care of Harvard Pilgrim members, your PCP will usually send you to a specialist affiliated with his

or her own practice. If you need to visit a cardiologist, for example, your PCP will refer you to someone in a local medical practice or hospital with which he or she is affiliated.



PCPs typically develop strong working relationships with particular specialists. This helps them collaborate more effectively on their patients' care

and helps ensure excellent communication, appropriate treatment and higher-quality care.

Whenever you need specialty care, feel free to ask your PCP about the referral process and why he or she recommends a certain specialist. Your PCP may occasionally make a referral outside his or her usual network of specialists, but only if the expertise needed to handle a particular case is not available from a specialist affiliated with his or her own practice.

Please note: If you have a Focus NetworkSM - MA plan, additional rules for obtaining specialty care from Focus Network Authorized Access providers apply. See the *Schedule of Benefits* for details.

Coverage when you're traveling

When you're away, you're covered for care you may need if you become sick or injured. Harvard Pilgrim covers unexpected or unforeseen care (e.g., for earaches, flu, etc.) when you're traveling outside the state in which you live.

Coverage in an emergency

In an emergency (e.g., heart attack, stroke, choking, seizure or loss of consciousness), go to the nearest emergency facility or call 911 or another local emergency number. Once you are out of the hospital, please follow up with your PCP for any additional care you may need.

With the Best Buy HMO, emergency services may be subject to the deductible and/or a copayment. Please check the *Schedule of Benefits* to see what kind of cost sharing you have to pay. Whenever you are admitted directly to the hospital from the emergency room, you do not have to pay the emergency room copayment.

Be well, save money and more

Learn about different health topics and ways to be well. Keep more money in your wallet with discounts on eyewear and fitness and nutrition programs. Look up your plan details and find out about typical costs for tests and procedures. Visit www.harvardpilgrim.org to learn more.

Questions?

If you're already a member, call Member Services with questions at **(888) 333-4742**. For TTY service, call **711**.

If you're not yet a member, call **(800) 848-9995**.

To learn more about us in general, visit www.harvardpilgrim.org.



Harvard Pilgrim
HealthCare