

The only mistake  
you can make is  
not asking for  
help.

*Sandeep Jauhar*

WE CAN'T HELP  
EVERYONE, BUT  
EVERYONE CAN HELP  
SOMEONE.

- RONALD REAGAN

Virtually every person has a strong desire to help someone.

This reach out initiative that centers around help is a reflection of a Bentley core value that most of us do on a regular basis.

I know many of us have reached out to someone to **offer help**. We may have experienced many benefits in helping others. Here is a [link to an article](#) that highlights some of them.

Many of us have also reached out to **ask for help**. In general and in “normal times” asking for help is a sign of strength. During challenging times such as the one we currently face with the Coronavirus, asking for help is a not only a sign of strength but also a sign of self-confidence. It allows us to express our desire to remain strong and succeed.

I hope this email will motivate us to reach out to someone to ask for help and to also reach out to offer help when we can.

I look forward to helping you in any way I can. The [Ombuds Office](#) is a confidential resource *for you*.

I wish every one of us the very best, Eliane

[University Ombuds](#)

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