

Day 1 – July 23

Time	Program/Presenter	Description
8:30 – 9:00	Continental Breakfast	Koumanzelis Auditorium
9:00 – 10:00	Keynote Address Shawn Quinn	<i>Building Community through Positive Organizational Culture</i>
10:00 – 10:30	Break	LaCava 375
10:30 – 12:00	Enhancing Culture Through The Expectation of Giving Shawn Quinn	In this session you will learn a researched based and practical principle by trying it out with others in the room. As you learn to live this principle individually and as an organization you will be able to tap latent resources and reach greater potential.
10:30 – 12:00	Mindfulness and Emotional Intelligence Greg Topakian	Success at work and fulfillment in life may be enhanced when we naturally tap into our emotional intelligence: the ability to monitor one's own feelings and those of others, and to allow this knowledge to guide our speech and actions. Self-awareness, the ability to recognize and work with difficult emotions, and the cultivation of empathy for others are all skills critical for high performance in life's various arenas. The good news is that we have the capacity to train the mind to engage in ways that are more patient, alert, and productive. This session will present a brief introduction to mindfulness, demonstrate how awareness supports the development of emotional intelligence, and involve participants in mindfulness meditation exercises which support the cultivation of these important skills.
10:30 – 12:00	Inclusive Excellence Café Katie Lampley and Nicole Chinnis	Join with other members of the Bentley community for a World Café style experience to explore the meaning of inclusion at Bentley. A World Café is a creative and collaborative experience where participants explore a topic in small groups, with individuals switching tables periodically to get new perspectives and build on each other's ideas. We will reflect on our individual experiences of inclusion on campus and identify ways to create moments of inclusion for others. Coffee, tea and snacks provided.
12:00 – 1:00	Lunch & Learn Book Talk - The Person You Mean to Be Katie Lampley	<p>Many of us believe in equality, diversity, and inclusion. But how do we stand up for those values in our turbulent world? <i>The Person You Mean to Be</i> is the smart, "semi-bold" person's guide to fighting for what you believe in.</p> <p>Dolly reveals the surprising causes of inequality, grounded in the "psychology of good people". Using her research findings in unconscious bias as well as work across psychology, sociology, economics, political science, and other disciplines, she offers practical tools to respectfully and effectively talk politics with family, to be a better colleague to people who don't look like you, and to avoid being a well-intentioned barrier to equality. Being the person we mean to be starts with a look at ourselves.</p>

		This conversation will focus on Part 1 of the book - Builders Activate a Growth Mindset - which is the first three chapters of the book. Copies of the book are available through the library.
12:00 – 1:00	Lunch	Tent
1:00 – 2:30	Build Learning and Meaning Into Your Own Job Shawn Quinn	In this session you learn and experience concepts that will help you own your learning and development so you can grow and expand your capabilities. You will also begin to explore ways you can craft your job to release more meaning and passion in what you do.
1:00 – 2:30	Creativity & Innovation at Work Andy Cahill	Some of the most successful and impactful organizations in the world are those that foster creativity in the workspace. When it comes to work, creativity is not just a luxury. It is one of the key differentiators separating the best from the rest. This workshop – led by author, educator, and transformational coach Andy Cahill – will explore practical tools to help you understand the key levers for creativity and how to foster environments for creativity at work and in life.
1:00 – 2:30	StrengthsFinder – Harnessing Your Talent Alyssa Hammond	In order to improve as individuals and as leaders, we often dedicate resources to our areas of weakness. The StrengthsFinder approach instead focuses on areas of strength, recognizing that most people thrive in activities that enhance our natural talents and skills. Most people do not fully understand their strengths or have the opportunity to use them most effectively. Developed by Gallup in 2001, the Clifton StrengthsFinder assessment reveals unique combinations of abilities and provides suggestions on how to work optimally with others. In this session, participants discover and develop strengths to become more engaged, efficient, and effective professionals. To take the StrengthsFinder, visit the Gallup website (cost to you or your department is \$49.99).
2:30 – 3:00	Community Break	LaCava 375
3:00 – 4:00	Happiness: A Recipe Pamela Garramone	More than an emotion, happiness is a skill that can be learned. Drawing from the latest research on the field of positive psychology, participants will discover the essential “ingredients” of happiness. They will debunk deeply-rooted happiness myths and formulate new, empowering definitions. Employees will learn how to change their perspectives on people and events, and how to take back ownership of their emotions. “Happiness: A Recipe” will help participants to utilize their character strengths, develop gratitude, find meaning, and gain resiliency. From “Scrooge” to “Pollyanna,” this workshop is sure to please all.

3:00 – 4:00	When Time Flies Vince Poon	Have you ever wondered where all that time goes at the end of the day? Or why does it seem you are always busy but never get anything done? In this high-level time management workshop we will be reviewing and discussing various tips, tricks and techniques to help you get back control of your time.
3:00 – 4:00	WorldView Program Nia DeYounge	The WorldView Ambassador Program is a high-impact community engagement program that promotes global awareness, intercultural sensitivity, and unity by connecting classrooms, academic departments, and administrative offices with international students who share their first-hand perspectives of their country, culture, and traditions. This session highlights the benefits of the program for students and staff, and invites participants to engage in dialogue around international themes that promote global citizenship.

Day 2 - July 24

Time	Presenter/Program	Description
8:30 – 9:00	Continental Breakfast	LaCava 375 or FDR
9:00 – 10:00	Book Talk – How to Be a Positive Leader – Small Actions, Big Impact Shawn Quinn and George Cangiano	This brief collection is edited by Center for Positive Leadership faculty. Intended for readers at all levels of the organization, this straightforward book illustrates what is meant by the term “positive organization”. If you can read only one chapter, “Enable Thriving at Work” is a real gem. Read some or all of this book and enjoy a lively discussion led by one of the foremost leaders in this expanding field.
9:00 – 10:00	How Creative Writing Can Make You Happier and Healthier Sol Nasisi	An increasing body of evidence suggests that creative writing can relieve anxiety and improve mood. Whether you are interested in authoring the next great American novel or penning poetry as a hobby, the session will cover the benefits of creative writing, how to get started, tools that you can use, and what the publishing industry looks like in the Internet age. It will end with a fun creative writing exercise. Sol Nasisi, who is the Director of Digital Marketing at Bentley, also runs two of the largest creative writing sites on the Internet as a hobby. He has written creatively since elementary school and recently published his first novel, <i>State of Vengeance</i> (under the pen name Jake J. Harrison).
9:00 – 10:00	Bias in the Media Michael McCorvey	This session examines the relationship between the words and images we consume through media and their impact on our worldview. In an era where we consume more media than ever, we find ourselves constantly bombarded with images, videos, articles, and the latest #challenge; all of which contribute to how we see ourselves in the world and how we interact with others. We will examine how language is used and misused through media to construct specific narratives about cultures, people, and beliefs. While not always intentional, these messages tend to oppress, liberate, and/or ignore specific populations. This session should particularly benefit participants who are interested in pop culture’s influence and impact on the everyday conversations they are having on campuses and beyond.
10:00 – 10:30	Community Break	LaCava 375

10:30 – 12:00	Enhancing Culture Through The Expectation of Giving Shawn Quinn	In this session you will learn a researched based and practical principle by trying it out with others in the room. As you learn to live this principle individually and as an organization you will be able to tap latent resources and reach greater potential.
10:30 – 12:00	The Choice to Change Suzanne York and Susan Harvey	<i>Using clarity, courage, and conviction to create change in yourself and your organization</i> Change isn't delivered in a single bolt of lightning but through countless small conscious courageous choices. Understanding how to create and sustain change through these choices as individuals empowers us to lead organizational change with integrity and authenticity. Using stories, examples, and interactive exercises, this session will deepen participants' sense of themselves as agents of change, and equip them with tools and experiences to develop clarity, courage, and conviction around their next organizational or personal change.
10:30 – 12:00	Interfaith Excellence at Bentley Robin Olson	Come learn about the results of a year-long strategic review of the Inter-faith climate on campus conducted by our Spiritual Life Center, in partnership with the Interfaith Youth Core (IFYC). IFYC is a national non-profit organization working towards an America where people of different faiths, worldviews, and traditions can bridge differences and find common values to build a shared life together. The presentation will include research highlights of Bentley students' experiences of religious diversity on campus. As well, participants will have opportunity for conversation about the ways interfaith collaboration and engagement can be nurtured on campus.
12:00 – 1:00	Lunch and Learn - Overcoming Procrastination-Do It Now Rachel Shanshiry (lunch provided)	Feeling overwhelmed with unfinished tasks? Learn several simple techniques that allow you to conquer your avoidance behavior, easily organize your life, find more energy, and accomplish more than you could ever dream possible. What you resist, persists. Do it now and feel good about yourself.
12:00 – 1:00	Lunch	Tent
1:00 – 2:30	Build Learning and Meaning Into Your Own Job	In this session you learn and experience concepts that will help you own your learning and development so you can grow and expand your

	Shawn Quinn	capabilities. You will also begin to explore ways you can craft your job to release more meaning and passion in what you do.
1:00 – 2:30	Sustainability Walkabout Natalie Hayes and Amanda King	Sustainability at Bentley encompasses the concept of balancing the needs of the people in our community, the environment and Bentley's bottom line. The Office of Sustainability tackles this goal through strategic operational efficiency projects, supporting the teaching of sustainability across the curriculum and encouraging sustainable careers. This one-hour, one-mile walking tour will focus on the ways that the campus community can take advantage of the sustainability aspects of campus physical infrastructure changes that have been made on campus. Participants will walk down to the arena from Rauch and then back up to LaCava on Circle Drive.
1:00 – 2:30	Bias and the Brain Katie Lampley	Unconscious biases, or what Dr. Mahzarin Banaji of Harvard's Project Implicit calls Blind Spots, are mental shortcuts that we all use to help us make complex decisions every day without being consciously aware of them. Understanding how this happens and why can help us to act in more inclusive ways. In this interactive session we will explore our brain's unconscious processes and how they influence our behavior through activities, videos, and discussion.
2:30 – 3:00	Community Break	LaCava 375
3:00 – 4:00	Conflict Management Eliane Markoff	CONFLICT CAN BE A GOOD THING! When addressed in a constructive way, conflict can lead to healthier working relationships, greater trust and improved productivity. It can also help us become more confident in addressing and resolving future situations of conflict. But when not addressed in a timely manner, it can affect our productivity, our motivation level and of course our level of satisfaction. If ignored, conflicts can escalate, potentially leading to an unproductive and toxic environment. This workshop will arm you with techniques to resolve challenging situations using best practices and different styles. You will have the opportunity to participate in or observe a role play where a conflict is handled in two ways: one ineffective and destructive; the other effective and constructive. Conflict will always exist. As Ronald

		Reagan once said, "Peace is not the absence of conflict, it is the ability to handle conflict by peaceful means." Please join us to learn how to resolve conflicts in a constructive manner.
3:00 – 4:00	Marketing Rebecca Burstein	Brands don't just happen. They are the product of careful research and intentional design, serving as the foundation for an entity's strategic vision. But no matter how strong a brand is, or how carefully it's been tested, it won't work if there aren't tools and processes in place to activate it. The Bentley Marketing and Creative Services team provides strategic marketing and design services to our business partners in service of the Bentley brand. From signage to SWAG, engagement tactics to emails, our team can partner with you to establish and achieve your marketing objectives. In this session, we will explore Brand. 1) What is a brand and why is brand consistency important? 2) What Bentley brand resources, tools and templates are currently available? 3) How does one generate a request for a new marketing project?
3:00 – 4:00	The Powers and Perils of Code-Switching Catalina Ocampo and Karina Ovalles	As higher education professionals, we are often tasked with the goal of creating safe spaces for students from all backgrounds, but are we being intentional in the way in which we promote inclusive communication amongst our colleagues? Come learn about code-switching, a term used to describe the way one alters one's speech, behavior, or appearance to adapt to different socio-cultural norms. Code-switching is for many a seemingly necessary, yet burdensome, skill to get ahead, fit in, and express themselves. During this interactive session, we will provide key takeaways and resources to promote a more inclusive work environment.

Presenters

Shawn Quinn	Shawn Quinn is an adjunct faculty member in Executive Education at the University of Michigan's Ross School of Business. He teaches courses on leadership, change and innovation. Shawn plays a role at the University in the Center for Positive Organizations, which in 2012 was awarded the
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	<p><i>Research Center Impact Award</i> in recognition of its major impact on real world management practice. He is also the Founding Partner for LIFT Consulting.</p> <p>Shawn has consulted with many companies, such as General Electric, Coca Cola, KPMG, Telefonica O2, American Express, Reuters, Saudi Arabia Monetary Agency and the U.S. Army. At Prudential Retirement, for example, he guided their internal change agent team in building a positive corporate culture. At General Electric he helped design and run the initial idea generation process for one of their Imagination Breakthrough projects. At the University of Michigan Health System, Shawn worked with the Senior Associate Dean for Clinical Affairs to guide efforts with the EVPMA and Departments Chairs to clarify vision, strategy and to help the group uncover and discuss challenges blocking them from reaching the vision. Shawn has also helped develop and run the Competing Values Change and Innovation Assessment with over one hundred teams and organizations.</p> <p>Shawn is the co-author of the McGraw-Hill book, <i>Leading Innovation: How to Jumpstart Your Organization's Growth Engine</i>, and has co-authored five other articles and book chapters on change, engagement and positive leadership.</p>
Pamela Garramone	Harvard Pilgrim Health "Mind the Moment" Consultant
Nicole Chinnis	Study Abroad Advisor
Katie Lampley	Executive Director, Diversity and Inclusion
Andy Cahill	Founder and Head Coach at The Mindful Creative
Alyssa Hammond	Director, Undergraduate Career Education and Outcomes
Greg Topakian	Harvard Pilgrim Health "Mind the Moment" Consultant
Vince Poon	Senior Compensation and Benefits Analyst
Nia DeYounge	Assistant Director, Center for International Students and Services
George Cangiano	Vice President and Chief Human Resources Officer
Sol Nasisi	Director, Digital Marketing
Michael McCorvey	Director, Multicultural Center
Suzanne York	Change Management Consultant
Susan Harvey	Principal, New Direction Strategy
Robin Olson	Director, Spiritual Life
Rachel Shanshiry	Harvard Pilgrim Health "Mind the Moment" Consultant
Natalie Hayes	Assistant Director, Sustainability
Amanda King	Executive Director, Sustainability
Eliane Markoff	University Ombudsperson
Rebecca Burstein	Director, Brand and Creative Services
Catalina Ocampo	Undergraduate Academic Advisor
Karina Ovalles	Assistant Director, Graduate Academic Advising