DRESS FOR SUCCESS

Did you know that a first impression may be formed in less than 10 seconds? How you present yourself makes a statement, so follow the tips below to help you make the right one!

BUSINESS PROFESSIONAL ATTIRE FOR INTERVIEWS

Women
- Solid-colored, conservative suit with coordinated blouse, closed-toed shoes, and limited jewelry
- Neat and professional hairstyle, manicured nails, light make-up, little or no perfume
- Portfolio

Men
- Solid-colored, conservative suit, long-sleeved shirt, conservative tie, dark socks, and professional shoes
- Neat hairstyle and facial hair, trimmed nails, little or no cologne or after shave
- Portfolio

BUSINESS CASUAL ATTIRE

Women
- Dress, khaki or dark cotton pants or skirts, neatly pressed
- Conservative blouses, sweaters, cardigans, button-down shirts
- Solid colors or subtle patterns work better than bright patterns

Men
- Dress, Khaki or dark cotton pants, neatly pressed
- Pressed, cotton, long-sleeved, button-down shirts or polo or knit shirts with a collar, tucked-in
- Conservative sweaters
- Leather shoes and belts
- Tie, optional
ATTIRE TIPS

- Closed-toed shoes are the most appropriate to wear for an interview and when meeting with clients. Shoes should be clean and shined.

- White or light colored shirts are the most appropriate choices.

- Wear socks and make sure they are in good shape and dark in color.

- Your tie should contrast appropriately with your shirt.

- Skirts should be knee length, not too tight, and cover your thighs when you are seated.

- Blouses / tops should be of moderate cut and professional style.

- Wear minimal jewelry. Avoid noisy bracelets that can distract the interviewer or client. Be cognizant of body piercings during all professional interactions.

ALWAYS dress professionally for an interview, unless otherwise specified.
When in doubt about the dress code for a particular event, remember that it is better to be overdressed than underdressed!

GROOMING TIPS

- Hairstyles should be neat and appropriate, nothing extreme or overdone. Men with facial hair should make sure it is neatly trimmed.

- Clean hands and well-groomed nails are an important part of your professional image. Nail polish shades should be soft, and polish should never be chipped.

- The safest advice for fragrance is not to wear any at all. If you do, go very light.

- Make sure to be freshly showered/bathed. Wear clothing that covers tattoos.

- Brush your teeth before the interview. If you use mints or chew gum, make sure they are out of your mouth before you interact with the interviewer.