LEARNING STYLE INVENTORY

Directions:
To gain a better understanding of yourself as a learner, you need to evaluate the way you prefer to learn or process information. By doing so, you will be able to develop strategies which will enhance your learning potential. The following evaluation is a short, quick way of assessing your learning style. This 24-item survey is not timed. Answer each question as honestly as you can.

Place a check on the appropriate line after each statement

1. Can remember more about a subject through the lecture method with information, explanations and discussion.
   Sometimes _____  Seldom _____  Often _____

2. Prefer information to be written on the chalkboard, with the use of visual aids and assigned readings.
   Sometimes _____  Seldom _____  Often _____

3. Like to write things down or to take notes for visual review.
   Sometimes _____  Seldom _____  Often _____

4. Prefer to use posters, models, or actual practice and some activities in class.
   Sometimes _____  Seldom _____  Often _____

5. Require explanations of diagrams, graphs, or visual directions.
   Sometimes _____  Seldom _____  Often _____

6. Enjoy working with my hands or making things.
   Sometimes _____  Seldom _____  Often _____

7. Am skillful with and enjoy developing and making graphs and charts.
   Sometimes _____  Seldom _____  Often _____

8. Can tell if sounds match when presented with pairs of sounds.
   Sometimes _____  Seldom _____  Often _____

9. Remember best by writing things down several times.
   Sometimes _____  Seldom _____  Often _____
10. Can understand and follow directions on maps.
   Sometimes _____  Seldom _____  Often _____

11. Do better at academic subjects by listening to lectures and tapes.
   Sometimes _____  Seldom _____  Often _____

12. Play with coins or keys in pockets.
   Sometimes _____  Seldom _____  Often _____

13. Learn to spell better by repeating the words out loud than by writing the word on papers
   Sometimes _____  Seldom _____  Often _____

14. Can better understand a news article by reading about it in the paper than by listening to the radio.
   Sometimes _____  Seldom _____  Often _____

15. Chew gum, smoke, or snack during studies.
   Sometimes _____  Seldom _____  Often _____

16. Feel the best way to remember is to picture it in your head.
   Sometimes _____  Seldom _____  Often _____

17. Learn spelling by "finger spelling" words.
   Sometimes _____  Seldom _____  Often _____

18. Would rather listen to a good lecture or speech than read about the same material in a textbook.
   Sometimes _____  Seldom _____  Often _____

19. Am good at working and solving jigsaw puzzles and mazes.
   Sometimes _____  Seldom _____  Often _____

20. Grip objects in hands during learning period.
   Sometimes _____  Seldom _____  Often _____

21. Prefer listening to the news on the radio rather than reading about it in the newspaper.
Sometimes _____ Seldom _____ Often _____

22. Obtain information on an interesting subject by reading relevant materials.

Sometimes _____ Seldom _____ Often _____

23. Feel very comfortable touching others, hugging, handshaking, etc.

Sometimes _____ Seldom _____ Often _____

24. Follow oral directions better than written ones.

Sometimes _____ Seldom _____ Often _____
**SCORING PROCEDURES**

*Directions:*
Place the point value on the line next to the corresponding item. Add the points in each column to obtain the preference scores under each heading.

- **OFTEN** = 5 points
- **SOMETIMES** = 3 points
- **SELDOM** = 1 point

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<th>AUDITORY NO.</th>
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**VPS =** Visual Preference Score  
**APS =** Auditory Preference Score  
**TPS =** Tactile Preference Score

If you are a **VISUAL** learner, then by all means be sure that you look at all study materials. Use charts, maps, filmstrips, notes and flashcards. Practice visualizing or picturing words/concepts in your head. Write our everything for frequent and quick visual review.

If you are an **AUDITORY** learner, you may wish to use tapes. Tape lectures to help you fill in the gaps in your notes. But do listen and take notes, reviewing notes frequently. Sit in the lecture hall or classroom where you can hear well. After you have read something, summarize it and recite it aloud.

If you are a **TACTILE** learner, trace words as you are saying them. Facts that must be learned should be written several times. Keep a supply of scratch paper for this purpose. Taking and keeping lecture notes will be very important. Make study sheets.