DAILY COVID-19 CHECKLIST

To support the health and safety of the Bentley community, all students, faculty, staff and visitors on campus are required to self-check for symptoms of COVID-19 on a daily basis and before entering health care facilities.

If you experience any of the symptoms on this list, please:

Have you noticed a new onset of any of the below symptoms within the past 2 days?

- Do you have a fever (temperature over 100°F or 38°C), chills or feel feverish without having taken any fever reducing medications? Yes □ No □
- Do you have a headache? Yes □ No □
- Do you have a cough? Yes □ No □
- Do you have a sore throat or nasal congestion/runny nose? Yes □ No □
- Do you have shortness of breath or difficulty breathing? Yes □ No □
- Do you have unusual fatigue? Yes □ No □
- Do you have muscle/body aches or a backache? Yes □ No □
- Do you have any nausea, vomiting or diarrhea? Yes □ No □
- Do you have a new loss of smell or taste? Yes □ No □

In the past 14 days have you been in close contact with anyone diagnosed with COVID-19, or in the past 10 days have you been diagnosed with COVID-19? Yes □ No □

Have you been asked to self-isolate or quarantine by a medical professional or a local public health official? Yes □ No □

☐ I have not experienced any of these symptoms.

When to Seek Emergency Medical Attention

Look for emergency warning signs* for COVID-19. If someone is showing any of these signs, seek emergency medical care immediately:

- Trouble breathing
- Persistent pain or pressure in the chest
- New confusion
- Inability to wake or stay awake
- Pale, gray or blue-color skin, lips or nail beds, depending on skin tone.

*This list does not contain all possible symptoms. Please call your medical provider for any other symptoms that are severe or concerning to you.

Call University Police if on campus or 911 if off campus and notify the dispatcher that you are seeking care for someone who has or may have COVID-19.