

# DAILY COVID-19 CHECKLIST

To support the health and safety of the Bentley community, all students, faculty, staff and visitors on campus are required to self-check for symptoms of COVID-19 on a daily basis and before entering health care facilities.

If you experience any of the symptoms on this list, please:

1

Do not leave your room in your residence hall. If you are a non-residential student, faculty or staff, please leave campus as soon as possible.

2

Students should call the Health Center at 781-891-2222. Faculty and staff should contact their healthcare provider and notify their supervisor.

3

If after hours or on weekends, call University Police at 781-891-3131. Faculty and staff should contact their HR Business Partner for questions about sick time or remote work.

4

If your symptoms are serious, call University Police when on campus. If off-campus, call 911.

## Have you noticed a new onset of any of the below symptoms within the past 2 days?

Do you have a fever (temperature over 100°F or 38°C), chills or feel feverish without having taken any fever reducing medications? Yes  No

Do you have a headache? Yes  No

Do you have a cough? Yes  No

Do you have a sore throat or nasal congestion/runny nose? Yes  No

Do you have shortness of breath or difficulty breathing? Yes  No

Do you have unusual fatigue? Yes  No

Do you have muscle/body aches or a backache? Yes  No

Do you have any nausea, vomiting or diarrhea? Yes  No

Do you have a new loss of smell or taste? Yes  No

In the past 14 days have you been in close contact with anyone diagnosed with COVID-19, or in the past 10 days have you been diagnosed with COVID-19? A close contact is anyone living in the same household, anyone you've taken care of, or been within six feet of for 15 minutes or more over a 24-hour period. Yes  No

Have you been asked to self-isolate or quarantine by a medical professional or a local public health official? Yes  No

I have not experienced any of these symptoms.

## When to Seek Emergency Medical Attention

Look for emergency warning signs\* for COVID-19. If someone is showing any of these signs, seek emergency medical care immediately:

- Trouble breathing
- Persistent pain or pressure in the chest
- New confusion
- Inability to wake or stay awake
- Pale, gray or blue-color skin, lips or nail beds, depending on skin tone.

*\*This list does not contain all possible symptoms. Please call your medical provider for any other symptoms that are severe or concerning to you.*

Call University Police if on campus or 911 if off campus and notify the dispatcher that you are seeking care for someone who has or may have COVID-19.



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