

thrive

Community



BENTLEY UNIVERSITY
Residential Center

Located in:
Slade Hall

defined ●●●●
communities
at Bentley



Thrive Community

The Thrive Community is located in Slade Hall and is devoted to exploring the five distinct areas of holistic wellness: Career, Social, Financial, Physical, and Community. Residents joining this community will be given opportunities to evaluate their own well-being and implement tangible action plans to become a healthier individual. With access to the Racquetball Court and Fitness Studio within Slade Hall, residents do not even need to leave the building to get a good workout in!

Students living in this community will:

- Have access to campus resources and co-curricular opportunities in connection to understanding wellness.
- Develop individual and community goals related to wellness.
- Articulate the need for and practice of holistic wellness in and outside of the classroom.

For more information, please visit bentley.edu/definedcommunities



I had no idea that wellness expanded into so many different aspects of my life. By being in the community, I am now thinking about how to increase my wellness in all areas!